

Information for people living with Chronic Kidney Disease



- 1. NHS guide to chronic kidney disease prevention
- 2. What is Chronic Kidney Disease? (London Kidney Network)
- 3. What is chronic kidney disease? (Kidney Care UK)



- 4. About kidneys and disease (Kidney Research UK)
- 5. What is kidney disease? (National Kidney Federation)
- 6. <u>Urine testing for checking kidney health</u> (London Kidney Network)



7. NHS guide to treatment for high blood pressure



- 8. <u>Controlling your blood pressure if you have diabetes</u> (<u>Diabetes UK</u>)
- 9. <u>Kidney friendly cooking and eating information</u> (Kidney Care UK)



10. Exercise and keeping fit (Kidney Care UK)



11. How to manage chronic kidney disease when you are sick (London Kidney Network)

The LKN has created this directory of links for all those interested in kidney healthcare. LKN does not take responsibility for the content of other sites.